

CONTINUE THE CONVERSATION – ANXIOUS FOR NOTHING WEEK 2 “NEAR”

Who or where is your source of hope, peace, wisdom when you get anxious?

When have you like Jesus apprentices, faced a difficult situation or problem and tried to solve or control things on your own? What happened?

When have you faced a difficult situation or problem and did turn quickly to the Lord, seeking God’s help? What happened?

How might you become more and more a person of “epieikes” – someone who is level headed, thinks things through, is fair-minded, steady, gentle, and considerate?

Our anxiety can have deep roots. (Remember the story about the boy trying to dig up a stump?) Ask for God’s help to teach, train, discipline your beliefs and behaviour. One way to do that is to begin memorizing our verse: **Let everyone see you are epieikes in all you do. Remember, the Lord is near; He is coming soon. Be anxious for nothing.**