

## from SUNDAY, MARCH 14 Lent Week 4 SPRING CLEAN - PATIENCE

### TO CONTINUE THE CONVERSATION

- Put on patience and bearing with each day as you get dressed. Pray for eyes to see and a heart to be patient. And get ready...opportunities will arise.
- Who is the most patient person you know? Spend some time thinking about, journaling your experiences or memories with that person. Call them or write them or do a distanced visit with them – just to bear near them.
- When you are really struggling with patience read Psalm 13. All 6 verses of it. Get to the end. And then read Colossians 3:1-1-4. Then seek God's guidance for what to do about the "pushed buttons".
- Watch the movie *To Kill a Mockingbird*. Watch Atticus Finch in the courtroom. Notice his passion and his patience. And the respect he is given because of it.
- Follow through on Neal Plantinga's ideas – holy imagination, apprentice yourself to a patient person, look Christward.

